



# Kidney Kids NZ

*Supporting Kidney Kids and their  
whānau across New Zealand  
on their journey with kidney  
disease and urinary issues.*

# Who are we?

**Kidney Kids is a national not-for-profit charity that was founded in 1990 by Elaine Simons. What began as a parent support group grew into a registered national charity.**

Today, we support over 400 children between the ages of 0-18 years old with free care and support who are impacted by childhood kidney disease and urinary tract conditions.

We work closely with everyone who will be with you on your own personal journey from clinicians, the team at Starship other organisations in the kidney health sector and children's charities and government agencies to ensure we achieve the best outcomes for our kidney kids.

*Life for a young person with kidney disease is challenging.*





## **Kidney Kids supports kids with kidney disease so they can live their best lives.**

We know life with kidney disease can be tough. That's why we're here to offer personalised wraparound support to help our kidney kids and their whānau through stress, loneliness, separation and uncertainty. That support includes:

- ✓ **Education**
- ✓ **Family Support**
- ✓ **Community**
- ✓ **Events**

**Visit our website**



# What we do

## Support for whānau

Life for a young person with kidney disease is challenging for everyone. Our role is to stand alongside you on that journey and provide support that can be objective, caring, practical and knowledgeable.

Whether at home or in hospital, we will be there to support you every step of the way.

Whānau with a kidney kid tell us we are trusted, helpful and honest in the way we deliver our services and guide them along the journey.

## Educational support

We provide educational support for everybody within the family so you understand the journey you are on, the challenges ahead and the support that is available. Our role is to guide whānau with the best available resources and ensure that you are informed and aware at every step.

## Community

Kidney Kids is here to create and maintain a strong community so you can connect with others on the same journey and never feel alone and unsupported.

We organise, camps, Christmas parties and local events that bring joy, make memories and allow them time in a safe environment to just be kids.

***Kidney disease isn't fun,  
but having fun is something  
we aspire to for all our  
Kidney Kids.***



## Becoming a Kidney Kid

Support is available for children and young people aged 0-18 years living with kidney disease, kidney-related conditions, or urinary tract issues.

Kidney Kids provides support on a community scale as well as offering one-on-one support. This includes joining our kids and their whānau on hospital and renal clinic visits, support with education and regular check-ins.

Having someone one step removed from the daily challenges faced by our Kidney Kids and their whānau is an invaluable part of what we offer. We bring objectivity, empathy, and the ability to assess situations from a different perspective – whether advocating with the medical world or other agencies, or simply someone to lean on in tough times.

### Why join?

At Kidney Kids, community is everything. We help whānau meet others on the same journey, creating a strong, supportive network and finding a sense of belonging. Together, we share experiences, make friendships and build resiliency.

**With our support, whānau can focus on what matters most – loving and caring for their children.**

Kidney Kids focuses exclusively on children nationwide. Our services are tailored to kids, and we support families through every stage as your child transitions into adulthood.



*Our vision is for all Kidney Kids and their whānau to lead their best lives and to feel supported, understood and connected in a caring community.*

### **Get in touch**

If you would like more information about our organisation, or if you, your whānau or friends have a child with a kidney condition and you would like to register with us, please get in touch.

### **Find us**

**0800 215 437** – Monday to Friday 8.30am to 5pm  
or email [support@kidneykids.org.nz](mailto:support@kidneykids.org.nz)

**[kidneykids.org.nz](http://kidneykids.org.nz)**

